

### Cancer There is a craborass illustration – where you find a batch of crabgrass in a beautiful yard ... what do you do? · Cut it - Surgery • Burn it – Radiation • Poison it – Chemotherapy The best approach is to know what caused the crabgrass (it is a kind of grass) and treat it specifically - "Personalized Medicine or Molecular/Targeted Therapy"

**Aim of Therapy** Cure, Control and/or Relieve the symptoms

- · Neoadjuvant chemotherapy: Before surgery or radiation - to shrink tumor making it more effectively treated or removed
- Adjuvant chemotherapy: treated after surgery or radiation – To deal with undetected cells. microtumors...
- · Palliative chemotherapy: To treat patient and reduce symptoms - improve quality of life, not treat underlying cause or curative

### **Effective Therapies – may** require better diagnosis

- Most diagnosis depends on microscopic/ histopathological analysis (remember the staging?)
- This method does NOT account for the heterologous population of cells nor the various mutations of driver/passenger genes, specific oncogenes or tumor suppressors.
- Some markers are being used but not widely and the number of oncologists that understand these markers and use them is questionable except in most advanced cases

## "Targeted" Cancer Treatment

#### How does it work?

Attack targets which are specific for the cancer cell and are critical for its survival or for its malignant behavior

#### Why is it better than chemotherapy?

More specific for cancer cells -

chemotherapy hits rapidly growing cells not all cancer cells grow that rapidly some normal cells grow rapidly Possibly more effective









- The targets currently being used are those that block the growth and spread of cancer by interfering with specific molecules involved in tumor growth and progression.
- The focus is on proteins that are involved in cell signaling pathways, which form a complex communication system that governs basic cellular functions and activities, such as cell division, cell movement, how a cell responds to specific external stimuli, and even cell death.

# Should we treat all cancer?



- Weinberg postulates that...

  Not all cancers should or can be treated
- Case 1 Indolent (of disease condition causing no little or no pain): low invasive or metastatic potential likely to stay in this state for lifetime of patient
  - Surgery may provoke growth
  - Example parcreatic slet "incedentalomas" tumors.
     3% of carcinomas and typically found while looking for some other medical issue. 86% five year survival rate. Yet, removal is high risk of morbidity. ~0.07% of annual US deaths are due to this disease.
- Question point worth treating or not?

## Should we treat all cancer?



· Weinberg postulates that...

Not all cancers should or can be treated

- Case 2 Highly aggressive tumors with propensity to metastasize, high grade at time of diagnosis
  - Author states that few truly effective treatments (look at survival rates) and should not be treated
  - Opposing viewpoint that treatment of such tumors may ameliorate symptoms for extended periods giving a longer but not cured life).
- Question point worth treating or not?



## Should we treat all cancer?



- Weinberg postulates that...
- Not all cancers should or can be treated
- Case 3 Tumors of intermediate grade with potential to metastasize and invade but can be treated
  - In between tumors can achieve long term curative responses
  - Most effective point options for long term survival. Where targeted treatment is most effective, but are we? Personal stories...
- Question point worth treating or not?

### **Gene Expression Arrays**

- Powerful detection of what proteins (mRNA) is expressed. Like doing thousands of western blots.
- Can analyze entire genome!
  If a gene is not expressed in either tissue, the spot will appear black. Genes expressed only in tumor tissue will be red, while
- control only green. Those in both will be a combination
- Heat maps are used to analyze large sets of these
  - data



### Histology – not cutting it

- Using functional genomics and microarrays to analyze for tumors responsive to therapies. Use this to target which tumors should be treated...
  - Stratifying breast cancers which look the same under a microscope
  - 295 1° BC in women less than 53 years old
  - With and without lymph node progression
  - 70 marker/prognosis genes were analyzed and grouped into two groups after following patients for 7 years
  - Patients were set into two groups based on outcome and gene expression signature











#### **Classification of Chemotherapy Drugs** Categorized into mechanism, structure and relationship to similar drugs. Some drugs fall into more than one category

- Alkylating Agents directly damage DNA
- Antimetabolites alter metabolic function directly and indirectly (altering gene expression)
- Anti-Tumor Antibiotics Altering DNA (not alkylating) to block cell cycle progression
- Topoisomerase Inhibitors Prohibit unraveling of chromosomes for replication during S phase
- Mitotic Inhibitors often plant alkaloids, disrupt mitosis and cell cycle, often by altering cytoskeletal proteins involved in dividing mitotic spindles
- Corticosteroids often glucocorticoids which reduce inflammation involved in support of some cancer types. Also serve to reduce pain, nausea and vomiting as a positive side effect



Direct transfer of an alkyl group  $(R-C_nH_{2n+1})$  to DNA – typically a N atom on guanine base leading to cross-linking between strands





#### **DNA Damage**

Because cancer cells (especially short-lived leukocytes) replicate faster, cancer cells are more sensitive to alkylated DNA damage.

- leukemia, lymphoma, Hodgkins disease, multi myeloma, sarcoma, lung, breast and ovary cancer forms.

- Damage activates Checkpoint kinase 1 (Chk1) and ultimately p53 for apoptosis induction
- Mutations of p53 pathway or apoptosis respond poorly to such chemotoxic agents

There is a significant risk for high dose treatments of bone marrow damage. Rare cases, treatment can lead to leukemia.

- Risk after alkylating agents is highest about 5 to 10 years after treatment
  Considered a "second cancer" not a recurrence Risk is dose
- dependent (13,175, 3-year survivors were treated and 55 developed secondary bone cancer) Less than a 0.9% risk of developing secondary cancer within 20 years J Natl Cancer Inst 1996 Mar 6;88(5):270-8

#### **Three Classes of Alkylating agents**

- Classical Agents Nitrogen mustards (mechlorethamine, chlorambucil, cyclophosphamidecytoxan), Nitrosoureas (streptozocin, carmustine, lomustine), Solfonates (busulfan)...
- Alkylating Like Platinum drugs (cisplatin, carboplatin, oxalaplatin) more likely to cause secondary cancer – leukemia (carcinogenic/mutagenic)
- Nonclassical mixed method of action. Includes: <u>Dacarbazine</u> – activated by p450 acts as both a purine analoge inhibiting DNA synthesis, alkalyates and interacts with –SH. <u>Procarbazine</u> crosses CNS barrier, inhibits DNA synthesis, RNA and protein synthesis, alkylates and is a monoamine oxidase inhibitor...







#### Cisplatin Resistance

Higher doses of Pt drugs leads to resistance:

- Decreased accumulation due to MDR pumps or other inward transporter issues
- Enhanced activity of PJN/Akt H-ras mutation or overexpression

mechanism – repair proteins (xeroderma pigmentosum group E binding factor) increases in cisplatin resistance



## **Mitotic Chemotherapy Inhibitors**

Often derived from plant alkaloids and block M phase of mitosis ( with other damage) blocks the separation and distribution of chromosoms between daughter & mother cell

- Treat range of cancers: breast, myelomas, lymphomas, leukemia, lung
- Examples include: Taxols (paclitaxel), Epothilones (Ixempra), Vinca alkaloids (Velban & oncovin) and Estramustine (Emcyt)



#### Taxol – natural drug

From Pacific yew tree - one of the sources of the

- "rainforest can cure cancer" lore...
- USDA researchers paid by the NCI sought natural products to fight cancer (1962)
- Extracts from the bark showed anticancer activity (now
- Difficult to harvest or to synthesize slowed use
- Precursor from a more common plant Taxus baccata (yew tree) can be converted (semi-synthesis by Brustol-Myers Squibb).
- Complicated and expensive (\$6,000 for four cycles of treatment)





#### Antimetabolites-back to the Warburg

- Can interfere with DNA/RNA production or directly with metabolism
- · First set of anticancer therapy drugs
- Small molecules mimic natural metabolite (competitive) and other MM vs regulatory control of metabolism
- · Commonly used for many types of cancer
- Typical forms mimic purine/pyrimadine
- Metabolomics is bringing this type of treatment back to the fore

## Metabolism, Metabolomics and Cancer

Taken with permission from David Wishart University of Alberta, Edmonton, AB, Canada ASBMB – Metabolism: Warburg at 90, Boston, MA, March 31, 2015

## Otto Warburg

- Observed in 1924 that cancer cells use aerobic glycolysis to fuel growth instead of oxidative
- phosphorylation
  Won the Nobel Prize in 1931
  Advocated that: "replacement of
- Advocated that: "replacement of oxygen-respiration by fermentation is the prime cause of cancer"
- The metabolic view of cancer predominated thinking from 1920's up to the 1960's and most cancer therapies were called "anti-metabolites"

## Anti-Metabolite Cancer Drugs

Anti-metabolite	Metabolite equivalent
5-Fluorouracil (5-FU) - 1957	Uracil
Gemcitabine (Ara-C) - 1981	Cytosine
6-Mercaptopurine - 1951	Adenine/Guanine
Fludarapine (Ara-A) - 1968	Adenine
Methotrexate - 1956	Folate
Aminopterin - 1947	Folate
Megestrol acetate - 1956	Progesterone
Hydroxyurea - 1967	Cytosine

40 Years of Oncogenes & Warburg's Revenge			
Oncogene or Metabolic Effect Tumor Suppressor			
Akt	Enhances glucose uptake, activates hexokinase II		
c-Myc	Enhances glycolysis, activates LDH-A		
h-Ras, k-Ras	Enhances glycolysis, activates complex II		
Src	Phosphorylates PKM2, upregulates c-Myc		
Brc-abl	Enhances glucose uptake, activates G6PD & HK II		
Her2/neu	Enhances glycolysis, activates LDH and HSF1		
Succinate dehydrogenase	Sustains TCA cycle, loss leads to HIF activation		
Fumarate hydratase	Sustains TCA cycle, loss leads to HIF activation		
Isocitrate dehydrogenase	Sustains TCA cycle, loss leads to DNA methylation		
p53	Promotes OXPHOS, loss leads to glycolysis		

#### Cancer is a Metabolic Disease Before After Cancer cells consume 100-200X more glucose that • b other cells in the body This unique metabolism is the basis to PET (positron emission tomography) scans for cancer using fluorinated deoxyglucose This metabolic shift is called the Warburg effect or cytosolic aerobic glycolysis Tumors are marked in black in this PET image (lots of glucose)

















## Metabolomics is Discovering Oncometabolites

Oncometabolite	Effect or Mechanism
Lactate	Promotes tumor metastasis
2-Hydroxyglutarate	Alters histone/DNA methylation
Fumarate	HIF activation/alters DNA methylation/binds GSH
Succinate	HIF activation/alters DNA methylation
Glucose	Fuels Warburg effect
Sarcosine	Promotes tumor metastasis
Kynurenine	Activates aryl hydrocarbon receptor, tumorigenesis
Glutamine	Fuels glutaminolysis, promotes tumor growth
3-Hydroxybutyrate	Promotes tumor growth, reverse Warburg effect



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- Ribothymidine (breast cancer) 1-methylguanosine (breast cancer)
- 1-methyladenosine (cholangioma +
- cervical cancer) Cadaverine (pancreatic cancer)
- Androstendione (thyroid cancer)
- Thromboxane A2 (Hepatocellular
- carcinoma) Deoxypyridinoline (Multiple myeloma)



## **Building Better Biomarkers**

Abstract +

Methodomics. 2013 Apr;9(2) 280-299. Epub 2012 Dec 4. Translational biomarker discovery in clinical metabolomics: an introductory tutoria Xa.J<sup>1</sup>. Broadward DI. Wilson M. Wahart DS.

#### Author information

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## **Cancer & Biomarkers**

- Historically most biomarkers were single molecules – these uni-molecule markers lack specificity & sensitivity
- Omics methods offer the ability to measure multiple biomarkers, this improves sensitivity & specificity
- Many metabolite-based cancer biomarkers outperform existing gene or protein biomarkers
- · Utility of metabolites is not unexpected

## Conclusions

· Cancer is a metabolic disease

- Cancer cells exhibit a 200x increase in glucose consumption
- Most known oncogenes and tumor suppressors
- fundamentally alter glucose metabolism
- Oncometabolites promote cancer
- Antimetabolites stop cancer
- High abundance metabolites play key cancer signaling roles
   Metabolic disorders such as diabetes and obesity increase cancer risk substantially
- Cachexia (a metabolic disorder) is a manifestation of cancer
- Some of the best cancer biomarkers are metabolites

## Conclusions

- · If cancer is a metabolic disease...
  - New kinds of drug targets
  - New methods for cancer prevention (diets?)
  - New approaches for early diagnosis
  - New methods for risk prediction
  - New techniques to look at cancer
  - New ways of integrating genomics with metabolomics
  - New kinds of drugs…

## Cancer Drugs That Reverse The Warburg Effect

Drug	Mechanism	
Gleevec	Inhibits Bcr-Abl, downregulates HK & G6PDH	
Dicholoracetate (DCA)	Targets and inhibits pyruvate kinase	
Orlistat	Targets and inhibits fatty acid synthase	
Metformin	Downregulates mTOR, Activates AMPK	
Rapamycin	Inhibits mTOR	
Trastuzumab	Inhibits glycolysis via LDH and HSF1 downregulation	









## **Monoclonal Antibodies**

- Another type of targeted therapy they are large molecules produced through genetic engineering
- They usually have to be given IV
- Side effects can include reactions to nonhuman proteins
- They can cause cell damage in several ways, most often by attacking cell-surface receptors



## Trastuzumab

- Monoclonal antibody against epidermal growth factor receptor 2 (EGFR2, HER-2)
- Very effective against breast cancers in which HER-2 is "over-expressed" (more than usual amount per cell) (about 20% of all breast cancers)
- Often used in combination with chemotherapy

## Cetuximab

- Monoclonal antibody against epidermal growth factor receptor 1 (EGFR1)
- · Effective in colon cancer and head and neck cancer; possibly useful in lung cancer
- · Used with chemotherapy and with radiation therapy

## Bevacizumab

- Monoclonal antibody against vascular endothelial growth factor (VEGF), which stimulates angiogenesis (growth of new blood vessels into tumor)
- Deprives tumors of the blood supply they need for growth and invasion
- · Effective against cancers of colon, lung, breast, kidney, and brain

## Monoclonal Antibodies

#### FDA-Approved "Naked" (Non-Conjugated) MoAbs

Generic Name	Brand Name	Target	Cancer(s)
Alemtuzumab	Campath	CD52	CLL
Bevacizumab	Avastin	VEGF	Multiple
Cetuximab	Erbitux	EGFR1	Colon, H&N
Panitumumab	Vectibix	EGFR1	Colon
Rituximab	Rituxan	CD20	Lymphomas
Trastuzumab	Herceptin	HER-2	Breast



## Monoclonal Antibodies

- Conjugated antibodies currently approved
  - Radio-conjugated antibodies
    - Tositumomab (Bexxar)
    - Ibritumomab (Zevalin)
    - Both used against refractory lymphomas
  - Toxin-conjugated antibody
    - Gemtuzumab ozogamicin (Mylotarg)
    - · Used against AML

#### Monoclonal Antibodies In Development Epratuzumab • ch806 Matuzumab • CP-751.871 Nimotuzumab • IMC-A12 Zalutumumab • VEGF-Trap Pertuzumab • IMC-18F1 Mapatumumab • IMC-1121B Lexatumumab • IMC-3G3 Vitaxin Volociximab Pemtumomab • CNTO 95

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Structure	% Human	Example	Comments
Mouse	0	Tositumomab, Ibritumomab	Radio- conjugates
Chimeric	65	Cetuximab, Rituximab	
Humanized	95	Trastuzumab	
Human	100	Panitumumab	Transgenic mic

## Nomenclature of MoAbs

- Last syllable is always -mab
- · Next to last syllable
  - -u-human (100%) : Panitumumab
  - -zu- humanized (95%) : Trastuzumab
  - -xi- chimeric (65%) : Rituximab -o- mouse, -a- rat, -e- hamster, -i- primate : Tositumomab
- Previous syllable
- - -tu(m)- for tumor in general [-ma(r)- breast, -pr(o)- prostate, co(l)- colon, etc.]
  - -ci(r)- for circulatory : Bevacizumab

## **New Directions**

- Combination of different targeted therapies (multiple TKIs, TKI with MoAb; occasionally multiple MoAbs)
- Combination with standard chemotherapy or with radiotherapy
- · Targeted agents to "clean up" after surgery
- · Use with other novel agents